



No:	Hazard	Reduce probability a Hazard causing a Hazardous Event		Hazardous Event	Reduce the Severity of Harm		Sev erity (1-5)	Pro babi lity (A- E)	Level of Risk (L/M/S/ I)	Action Owners				
		Barriers	Action to maintain barriers		Controls	Action to maintain controls				Harm	Club Capt ain	Club RSA	Coa ches	Cox es

**Water (see RowSafe 9.3)**

1	Rough water (due to adverse weather/tidal conditions or excessive wash)	Cancel rowing if conditions are unsafe. Otherwise stay in calmer water AND consider using larger boats AND keep inexperienced rowers/steersmen/coxswains off the water. Pause rowing if safe and adjust boat position in event of excessive wash.	Captain, Coach or experienced club member to decide if conditions are unsafe AND guidance with criteria for unsafe conditions and river flag status. Where deemed safe to boat, consider outing plan according to conditions, adjusting accordingly to suit adverse conditions on stretches of river. Inexperienced rowers should ask if they are unsure. Coxswains/steers to turn back if conditions deteriorate. If in doubt, do not boat.	Capsize/swamping of boats (small boats more vulnerable)	Ensure all boats are buoyant and correctly fitted with heel restraints. Ensure all rowers/coxswains have done a 100m swim test and a capsizes drill AND provide first aid advice AND thermal blankets carried in launch. If swamped or excessively wet, return immediately to boathouse or nearest landing if necessary.	Review of capsizes drill/swimming test records AND maintain training and equipment AND periodic checks on launch and safety kit. Maintain policy regarding emergency communications on the water. Maintain effective sign-out procedures.	1	D	Low	X	X	X	X		
2	Fast Flowing Stream	Cancel rowing if conditions are unsafe. Otherwise stay in calmer water AND consider using larger boats AND keep inexperienced rowers/steersmen/coxswains off the water.	Captain, Coach or experienced club member to decide if conditions are unsafe AND guidance with criteria for unsafe conditions. Inexperienced rowers should ask if they are unsure. If in doubt, do not boat.	Crews unable to get back to the club or hitting large obstacles due to losing control of their craft	If unsure turn and return immediately (taking great care) or land at earliest opportunity. Adjust outing plan to conditions, consider shorter or different route. Take extra care around fixed obstacles (e.g. bridges, moored boats) and wide berth when turning/spinning.	Provide information to coxswains, steers and coaches on this approach. Maintain policy regarding emergency communications on the water. Pay close attention to River Flag status and live conditions.	1	C	Low	X	X	X	X		
3	Very low tide	Cancel rowing or adjust timings if conditions are unsafe and/or according to flag status and visible conditions. Keep inexperienced steersmen/coxswains off the water AND cancel rowing if conditions are unsafe	Captain, Coach or experienced club member to decide if conditions are unsafe AND guidance with criteria for unsafe conditions. Pay close attention to River Flag status and live conditions. Inexperienced rowers should ask if they are unsure.	Collision with other boats, boats running aground due to lack of water	Additional briefing prior to going afloat to identify the risk and ensure all rowers, coaches and coxes have identified the hazard and how to mitigate potential harm. Ensure coxswains and steersmen keep a good lookout AND use a different part of the river for the outing avoiding bridges	Provide information to coxswains, steers and coaches on this approach. Maintain policy regarding emergency communications on the water.	2	C	Low	X	X	X	X		
4	Change of tide while afloat	Where possible, avoid outings when turn of the tide is a possibility	Captain, Coach or experienced club member to decide if conditions are unsafe AND guidance with criteria for unsafe conditions. Inexperienced rowers should ask if they are unsure. All steers to complete steering test to demonstrate navigation knowledge. Use of boats and field of navigation limited by experience levels, determined by RSA and Captain.	Collision with other boats, boats due to unsure navigation pattern	Additional briefing prior to going afloat to identify the risk and ensure all rowers, coaches and coxes have identified the hazard and how to mitigate potential harm. ensure coxswains and steersmen keep a good lookout AND navigate on the Starboard side of the Fairway until confident of tidal stream direction. Demonstrate extra vigilance and keep good lookout for oncoming crews.	Provide information to coxswains, steers and coaches on this approach. Maintain policy regarding emergency communications on the water.	2	B	Low	X	X	X	X		

**Weather (see RowSafe 9.1)**

1	High winds (especially against tide)	Cancel outing if conditions are unsafe AND if rowing, ensure rowers are correctly dressed	Captain, Coach or experienced club member to decide if conditions are unsafe AND guidance with criteria for unsafe conditions AND information for rowers on appropriate kit. Consider and adjust outing where appropriate.	Swamping of boat due to adverse weather conditions, capsizes, loss of shell control causing potential collision	Ensure all boats are buoyant and fitted with heel restraints. Ensure all rowers/coxswains have done a 100m swim test and a capsizes drill AND provide first aid advice AND thermal blankets carried in launch. If swamped or excessively wet, return immediately to boathouse or nearest landing if necessary.	Provide information on suitable kit. Ensure rowers have dry change back at the boathouse. Review of capsizes drill/swimming test records AND maintain training and equipment AND periodic checks on launch and safety kit.	2	C	Low	X	X	X	X		
2	Hot weather	Avoid outings in the hottest part of the day	Captain, Coach or experienced club member to decide if conditions are unsafe AND guidance with criteria for unsafe conditions	Rowers suffer heat stroke or dehydration	Ensure that rowers carry drinking water and are suitable dressed including hats, sunglasses and sun cream.	Review notices in the changing room and instructions to rowers and coaches	1	D	Low	X	X	X	X		
3	Lightning	Cancel or postpone outing if lightning is visible	Nobody to go afloat within 30minutes of last visible lightning flash	Rowers are hit by lightning	If lightning occurs while afloat, get off the water at the earliest opportunity AND follow procedure to check when conditions are safe to continue	Review notices in the changing room and instructions to rowers and coaches	5	B	Substantial	X	X	X	X		
4	Dense fog (more hazardous than darkness)	Cancel outing if visibility is low	Captain, Coach or experienced club member to decide if conditions are unsafe AND guidance with criteria for unsafe conditions - If visibility is less than 200m then nobody is to go afloat (if you can't see the opposite bank)	Collision with other water users or large obstacles in the water	If fog encountered while afloat, turn back. Do not continue in poor visibility. Where visibility is low or at risk, ensure correct lighting is fitting to all boats and launches going afloat, in the event conditions deteriorate.	Review notices in the changing room and instructions to rowers and coaches	3	C	Moderate	X	X	X	X		
5	Cold or wet conditions - e.g. low temperature or rain	Cancel outing if conditions are suitably poor. Do not let rowers go afloat without suitable kit and clothing. Modify crews or outing according to conditions.	Captain, Coach or experienced club member to decide if conditions are unsafe AND guidance with criteria for unsafe conditions	Rowers or Cox become very cold, risk of hypothermia	Ensure rowers are wearing appropriate clothing e.g. layers and waterproofs as appropriate. Cox, Coach to monitor rowers AND reduce amount of time sat on water or technical exercises without movement - especially after pieces or exercise. In the extreme or if conditions deteriorate, return immediately to boathouse or nearest landing if necessary.	Provide information on suitable kit. Ensure rowers have dry change back at the boathouse. Review notices in the changing room and instructions to rowers and coaches	2	D	Moderate	X	X	X	X		

**Other water users (see RowSafe 9.4)**

1	Other rowing boats on the Tideway	Rowers comply with the navigation rules AND keep a good lookout	Navigation rules on display in the boathouse/ website AND briefings and reminders to members. All steers to complete written steering test and progress according to supervision and ability.	Collision with another rowing boat	Ensure all boats are buoyant and correctly fitted with heel restraints, back stays and bow ball. In emergency call 999 Coastguard. Evacuate to land if necessary AND First Aid treatment if required AND quarantine damaged boats AND repair boats	Maintain first aid equipment, train first aiders, maintain boat repairs and equipment	2	D	Moderate	X	X	X	X		
2	Other man-powered leisure craft on the Tideway	Rowers comply with the navigation rules AND keep a good lookout	Navigation rules on display in the boathouse AND briefings and reminders to members.	Collision with another man-powered leisure craft (canoe, paddle board)	Ensure all boats are buoyant and correctly fitted with heel restraints, back stays and bow ball. In emergency call 999 Coastguard. Evacuate to land if necessary AND First Aid treatment if required AND quarantine damaged boats AND repair boats	Maintain first aid equipment, train first aiders, maintain boat repairs and equipment	2	C	Low	X	X	X	X		
3	Sailing craft on the Tideway	Rowers comply with the navigation rules AND keep a good lookout AND give way to sailing craft	Navigation rules on display in the boathouse AND briefings and reminders to members. Avoid sailing regattas during outings.	Collision with a sailing vessel	In emergency call 999 Coastguard. Evacuate to land if necessary AND First Aid treatment if required AND quarantine damaged boats AND repair boats	Maintain first aid equipment, train first aiders, maintain boat repairs and equipment	2	B	Low	X	X	X	X		

4	Powered-vessels on the Tideway	Rowers comply with the navigation rules AND keep a good lookout AND stay to starboard side of the Fairway with the tide AND are aware that other craft may maneuver	Navigation rules on display in the boathouse AND briefings and reminders to members	Collision with a large powered vessel boat	In emergency call 999 Coastguard.Evacuate to land if necessary AND First Aid treatment if required AND quarantine damaged boats AND repair boats	Maintain first aid equipment, train first aiders, maintain boat repairs and equipment	Capsize, injury, boat damage	2	B	Low	X	X	X	X		
5	Events / regattas on the river	Consider using different part of the river or time. River may be closed for general outings	Inform members of river events and river closures. Captain, Coach or experienced club member to decide if conditions are unsafe.	Collision with or swamping by another vessel	Inform members of river events. In emergency call 999 Coastguard.Evacuate to land if necessary AND First Aid treatment if required AND quarantine damaged boats AND repair boats	Maintain first aid equipment, train first aiders, maintain boat repairs and equipment	Capsize, injury, boat damage	2	C	Low	X	X	X	X		
<b>Local Environment (see RowSafe 9.2)</b>																
1	Bridges & piers/moorings	Train rowers/coxswains/steersmen to keep a good lookout and be aware of the strength of stream, set of the tide and general conditions.	Signs and displays, reminders to rowers, coxes and coaches AND mark on navigation plan. Pay close attention to river flag status and river conditions. Adjust outing according to conditions as necessary. Give static	rowing or being swept into a bridge buttress or onto a moored boat	Call 999 Coastguard	Ensure that coach/coxswain/crew member has phone in waterproof case for emergency use.	Possible capsize, swamping or shipwreck. Injury to rowers and damage to boats	3	C	Moderate	X	X	X	X		
2	Overhanging trees during high tide	Train rowers/coxswains/steersmen to keep a good lookout and stay away from the bank	Signs and displays, reminders to rowers, coxes and coaches AND mark on navigation plan	rowing into a tree and becoming entangled	Coach may assist or Call 999 Coastguard for serious occurrence	Ensure that coach/coxswain/crew member has phone in waterproof case for emergency use.	Possible capsize or swamping. Injury to rowers	3	C	Moderate	X	X	X	X		
3	Biological contamination of the water / poor water quality	rowers avoid undue skin contact with the water, blisters, cuts and scratches are kept covered	information for members and notices. Pay attention to river quality and conditions and/or notices of sewage discharge, especially following heavy rain.	Contact with biological contamination of the water	Always clean equipment, personal kit and handwashing after use or contact with river water. Availability of showers and washing facilities AND infected rowers to seek medical attention	showers provided by Boathouse Executive AND information for rowers	Waterborne diseases (e.g. Weil's disease) and sickness or ill health	3	C	Moderate	X	X	X	X		
4	Flotsam floating in the water	Train rowers/coxswains/steersmen to keep a good lookout	Signs and displays, reminders to rowers, coxes and coaches AND mark on navigation plan	rowing into branches or large sections of wood or other floating object	minor damage to equipment. Take evasive action to avoid objects where safe to do so.	quarantine damaged boats AND repair boats maintain boat repair equipment and skills	minor damage to equipment	2	C	Low	X	X	X	X		
<b>Going afloat and landing (see RowSafe 9.5)</b>																
1	Tidal stream direction	Train members to always boat against the total stream	Check tide tables. Confirm tide direction with others. If necessary delay until tide direction is certain	boating / landing in wrong direction	Training, experience and steering test. Making tide tables available.	Keeping tidal information up to date	Loss of control, risk of collision or damage to boat, e.g. colliding with another crew or Hard	2	C	Low	X	X	X	X		
2	Slippery/muddy surface on the steps and the hard as river ebbs	reliance on vigilance of coaches, rowers and coxes	briefings and reminders to rowers and coaches	slips when carrying boats to/from the water	provision of first aid AND repair boats	maintain training and equipment AND quarantine and repair boats	minor injury, potential damage to boat	2	C	Low	X	X	X	X		
3	Stepping onto a wrong part of a boat	training of rowers and supervision of coaches	briefings and reminders to rowers and coaches	excessive load on a weak area of the boat AND causing boat damage	quarantine damaged boats AND repair boats	report damage AND maintain boat repair equipment and skills	boat damage	2	C	Low	X	X	X	X		
4	Rowing in the dark	Strict control over who may row at night - experienced steers only. Use of good quality and regulation adhering boat lights.	Club policy and captaincy/coaching decision.	Collision with unseen obstacles including, other boats, bridges, piers & foreshore	Night outings must be accompanied by launch. Ensure that coach/coxswain/crew member has phone in waterproof case for emergency use.	Periodically review policy and make members aware. Keep list of approved (nighttime) steers up to date	Capsize, shipwreck, damage, injury	4	C	Substantial	X	X	X	X		
5	Inexperienced Steersman/ Coxswain	Inexperienced steersmen/coxswains to be accompanied by coach AND/OR experienced steersmen in the crew	Club steering policy	Collision due to unfamiliarity with Tideway navigation and hazards	Club steering and navigation test	Periodically review policy and make members aware. Keep list of approved steers up to date	minor injury, potential damage to boat	3	C	Moderate	X	X	X	X		
6	Lack of Life jacket for coxes and launch occupants	All coxes and launch occupants instructed to wear a life jacket while afloat as per club policy.	Get crew to double-check that cox/coach is wearing a jacket.	Collision, capsize or man overboard	Distribute club policy on wearing life jackets.	Ensure that life jackets are well maintained, correctly stored and sufficient are available for the purposes of coxing and coaching. Written instruction made available. Disciplinary action if necessary. Periodically review club policy	drowning	5	B	Substantial	X	X	X	X		
7	Launch adrift without power or taking on water	Thorough check of launch before going afloat, ensure correct amount of fuel, fuel line, kill cord.	Launch driver / coach to double check bung is correctly in launch, kill cord attached. Fuel stores maintained and fuel in launch topped up.	Launch adrift and floats away with stream; takes on water; cannot be retrieved	Ensure padel, bung and bailer remain in launch. Have throw line accessible. Call 999 coastguard if launch drifts in heavy stream or away from safety,	Launch driver to have access to mobile phone in waterproof case for emergency use. Maintain launch inventory and regular checks.	Loss of control resulting potential collision or swamping of launch. Could result in damage or injury.	4	B	Moderate	X	X	X			
8	Launch engine kill cord not attached to driver	All launch drivers instructed to use a kill cord as per club policy. Only properly experienced and trained launch drivers to be permitted operating club launch.	Get crew to double-check that driver is using a kill cord. Engine won't start without one.	man overboard with engine still running	Distribute club policy on using a kill cord. Instructions in launch	Ensure that kill cords are available for the purposes launch driving. Written instruction made available in the launch. Disciplinary action if necessary. Periodically review club policy	severe injury and damage from unmanned launch	5	B	Substantial	X	X	X		X	
<b>Around the boathouse &amp; Land Training Facility (including handling boats on land) (see RowSafe 9.6)</b>																
1	Boat handling around the boathouse	train rowers how to handle boats correctly; vigilance and discipline with clear instructions when move boats and (Un/re) racking of boats.	coaching, information displayed in the boathouse. ensure boat bay lights are on and working.	injury caused by boat handling around the boathouse	provision of first aid AND quarantine damaged boats AND repair boats	maintain First Aid training and equipment AND maintain boat repair equipment and skills	minor injury, potential damage to boat	2	C	Low	x	x	x	x	x	
2	Blades handling around the boathouse	train rowers how to carry blades correctly	coaching, information displayed in the boathouse. Ensure boat bay lights are on.	injury caused by blade handling around the boathouse	provision of first aid AND quarantine damaged boats AND repair boats	maintain First Aid training and equipment AND maintain boat repair equipment and skills	minor injury, potential damage to blades	1	B	Low	x	x	x	x	x	
3	Trailer loading and unloading	train members how to load boat trailers including tying on	briefings and reminders to members. Avoid loading in dark where possible.	injury caused when loading boat trailers	provision of first aid AND quarantine damaged boats AND repair boats	maintain First Aid training and equipment AND maintain boat repair equipment and skills	minor injury, potential damage to boat	2	B	Low	x	x			x	
4	Land training	train members how to use equipment with the correct technique	briefings and reminders to members. Coaching in good weight and erging technique.	Injury caused by incorrect technique during use of ergs, weights, circuit training.	provide First Aid treatment AND advise to seek physiotherapy of other treatment	Maintain first aid equipment and trained first aiders	injury to athlete	1	C	Low	x	x	x	x	x	
<b>Faulty, incorrectly set and poorly maintained equipment (see RowSafe 9.7)</b>																
1	Boat not correctly set up and adjusted for rowers	ensure correct adjustment before going afloat	Visual check before going afloat AND notice and reminders to rowers and coaches.	rower suffers musculo-skeletal injury	provide First Aid treatment AND advise to seek physiotherapy of other treatment	Maintain first aid equipment and trained first aiders	musculo-skeletal injury	2	C	Low	x	x	x			
2	Gate not correctly closed	check gates before going afloat	Visual check before going afloat AND notice and reminders to rowers and coaches.	scull or oar comes out of gate	ensure all rowers have done a capsize drill and swim test AND teach the buddy rescue technique AND provide safety launches with qualified drivers AND provision of first aid	periodic review of capsize drill/swim test AND maintain training and equipment AND periodic checks on launch safety kit	Capsize	1	D	Low	x	x	x		X	

3	Riggers not correctly fastened	check riggers before going afloat	Visual check before going afloat AND notice and reminders to rowers and coaches.	riggers become loose, top nut comes off	ensure all rowers have done a capsizing drill and swim test AND teach the buddy rescue technique AND provide safety launches with qualified drivers AND provision of first aid AND rowers to have sufficient kit on board to stay warm	periodic review of capsizing drill/swim test AND maintain training and equipment AND periodic checks on launch safety kit	Capsizing (single scull) or one rower unable to row back	1	D	Low	X	X	X	X		
4	Unsecured Heel restraint	Never go afloat with an unsecured heel restraint.	Visual and physical checks must be made before each occasion of going afloat, with post outing checks to monitor condition of heel restraints AND notice and reminders to rowers and coaches.	Rower cannot escape from the boat in the event of a capsizing	Check heel restraints before going afloat	Maintain equipment and fix immediately or quarantine boat until fixed. Rowers not to proceed afloat without effect heel restraints.	Risk of drowning	4	B	Moderate	X	X	X	X		
5	Insufficient bow protection	Never go afloat without a bow ball or with a damaged/preished bow ball	Visual check before going afloat AND notice and reminders to rowers and coaches.	Bows cause injury or damage in event of collision	Check bow ball before going afloat	Maintain equipment and fix immediately or quarantine boat until fixed	Bows cause injury or damage in event of collision	4	A	Low	X	X	X	X		
<b>Pre-existing health conditions and low levels of fitness (see RowSafe 9.8)</b>																
1	medical conditions of rowers	rowers to be alert to their medical status AND report to Captain any known conditions.	Captain to maintain understanding of known medical conditions, Notices and reminders to rowers and coaches	illness or collapse of a rower resulting from Medical incident afloat or on land	provision of first aid AND keep records of members' medical problems. Call 999 Coastguard. Ensure that coach/coxswain/ crew member has phone in waterproof case for emergency use. rowers with serious health issues to be discouraged from rowing in a single AND from rowing on their own at	maintain First Aid training and equipment AND members to provide details of health problems on application form/ provide information to coaches AND ensure launches maintained AND drivers competent AND maintain first aid equipment AND	Unknown medical impacts or effects	4	B	Moderate	X		X	X		
2	Low levels of fitness	Understand fitness capabilities and work within them. Improve fitness levels. Keep close supervision on those with less fitness. Change or reduce session plan. First aid treatment.	Notice and reminders to rowers and coaches. Captain and Coaches to consider fitness of rowers and appropriate outing plans / monitor and supervise fitness and performance during sessions	Collapse or injury	Seek Medical attention. If necessary, request assistance from ambulance, coastguard or navigation authority	maintain First Aid training and equipment AND members to provide details of health problems on application form/ provide information to coaches AND ensure launches maintained AND drivers competent AND maintain first aid equipment AND members to provide details of health problems on application form	Unknown medical impacts or effects or injury	3	C	Moderate	X		X	X		
<b>Other</b>																
1	transport of boats by road	Care by person towing the trailer. Check boat ties and boat positions, ensure balanced trailer.	Always have a second person to assist the driver. Information and guidance to driver AND maintenance of trailer. Ensure those loading trailer are correctly trained and instructed.	collision when transporting boats or boats coming loose.	provision of aid AND quarantine damaged boats AND repair boats	maintain First Aid training and equipment AND maintain boat repair equipment and skills	potential injury AND damage to boats	3	B	Low	X	X				
2	Visiting crews - general	familiarity with Tideway Conditions	information and guidance to visitors from Boathouse Executive who have agreed to allow boating	collision or damage to boats	provision of first aid AND keep record of boating times - expected outing duration AND keep members informed AND provide emergency information card	Maintain first aid equipment and trained first aiders AND keep up to date emergency information card	potential injury AND damage to boats	2	B	Low						
3	Visiting crews during events	familiarity with Tideway Conditions	information and guidance by event Organisers AND presence of Club members on the hard to provide information and regulate	collision or damage to boats	provision of first aid AND provide emergency information card	Maintain first aid equipment and trained first aiders AND keep up to date emergency information card	potential injury AND damage to boats	2	B	Low						
4	Pedestrians	maintenance of the hard	signs indicating boating area is private property AND signs indicating Thames Path runs behind the boathouse not along the water	minor injuries	provision of first aid AND provide emergency information card	Maintain first aid equipment and trained first aiders AND keep up to date emergency information card	potential injury AND damage to boats	2	C	Low						
5	Rowing on unfamiliar water	Investigate local navigation, conditions etc before going afloat. Ensure thorough safety and navigation briefing, if in doubt ask / do not boat. Complete standalone risk assessment or familiarise with risk	Follow guidance supplied by event or local host.	Collision due to unfamiliarity with local navigation and hazards	Follow local Emergency action plan AND guidance	Ensure that local guidance is supplied and understood	potential injury AND damage to boats	3	C	Moderate	X	X	X	X		

		People	Assets	Probability				
				A	B	C	D	E
				Highly improbable <i>(has not been known to happen in rowing)</i>	Improbable <i>(has been known to happen in rowing)</i>	Possible <i>(could happen to about 1% of the club's active members per decade)</i>	Probable <i>(could happen to about 1% of the club's active members per year)</i>	Highly probable <i>(could happen to about 10% of the club's active members per year)</i>
Severity	1	Slight injury or health effect <i>(Requires little or no treatment; no need to take time off rowing or training)</i>	Minor damage to equipment (<£100)	Low	Low	Low	Low	Moderate
	2	Minor injury or health effect <i>(Requires First Aid or rest; potentially a few days off rowing or training)</i>	Damage repair costs low (£500)	Low	Low	Low	Moderate	Substantial
	3	Moderate injury or health effect <i>(Requires treatment beyond simple First Aid; potentially a week or so off rowing or training)</i>	High damage repair costs (>£1000)	Low	Low	Moderate	Substantial	Intolerable
	4	Major injury or health effect <i>(Requires hospital treatment for more than one day; potentially a few weeks off rowing or training)</i>	Very high damage repair costs <i>(loss of boat, 3rd party damage)</i>	Low	Moderate	Substantial	Intolerable	Intolerable
	5	Fatality or Life Threatening Injury or Health Effect <i>(could end a rowing career or cause hospitalisation for a few months)</i>	Major damage & major costs <i>(loss of several boats, high 3rd party damage)</i>	Moderate	Substantial	Intolerable	Intolerable	Intolerable
		<b>Low</b>	An acceptable level of risk. No additional barriers/controls are required. Start or continue the activity but check that the current barriers/controls remain effective.					
		<b>Moderate</b>	An acceptable level of risk that should be reviewed. Implement additional barriers/controls to reduce the risk if the opportunity arises. Start or continue the activity with care.					
		<b>Substantial</b>	An unacceptable level of risk. Improve the barriers/controls and allocate resources to reduce the risk. Do not start or continue the activity until the risk has been reduced.					
		<b>Intolerable</b>	An unacceptable level of risk. Improve the barriers/controls and allocate resources to reduce the risk. Do not start or continue the activity until the risk has been reduced. Prohibit the activity if it is not possible to reduce the risk.					

1	A		Phone to summon assistance	Map showing navigation rules in boathouse	X	Launch	Ensure that rowers are always accompanied by the coaching launch
2	B		Navigation rules	Enforce procedure to carry mobile phone in waterproof carrier		Capsize drill	Ensure capsize drills are run at the start of each season as a minimum. Keep a record
3	C		Cox, bow steer competence	Club registration of coxes and bow steers competence		Steering competence	Ensure rowers become approved steers by passing the steering assessment.
4	D		Club rescue launch	Ensure club rescue launch and crew are on the water or available and ready to boat at all times		Coaching	Ensure that rowers are coached in the correct handling of less stable boats
5	E						
1A	Low						
1B	Low						
1C	Low						
1D	Low						
1E	Moderate						
2A	Low						
2B	Low						
2C	Low						
2D	Moderate						
2E	Substantial						
3A	Low						
3B	Low						
3C	Moderate						
3D	Substantial						
3E	Intolerable						
4A	Low						
4B	Moderate						
4C	Substantial						
4D	Intolerable						
4E	Intolerable						
5A	Moderate						
5B	Substantial						
5C	Intolerable						
5D	Intolerable						
5E	Intolerable						



Club Captain	Club RSA	Coaches	Coxes / Steers	other (specify)						
If the water is rough then decide whether conditions are unsafe	If the water is rough then decide whether conditions are unsafe	If the water is rough then decide whether conditions are unsafe	Ensure that rowers carry drinking water	If the water is rough then decide whether conditions are unsafe (senior rower)						
Monitor / maintain Capsize and rescue training equipment	Provide guidance and criteria on unsafe water conditions, including Thames Tideway Flag status and other factors, such as wind/tide	Maintain Capsize and rescue training	Understand and comply with the navigation rules, ensure steering test has been successfully completed and outings do not exceed experience levels	Ensure that boat repair equipment and skills are maintained (Club Management Committee)						
Ensure that members give details of health problems on application forms and that this information is used appropriately	Conduct periodic swim tests / capsized drills - review of records of swim tests and capsized drills	Provide information for rowers on appropriate dress	Ensure that rowers understand to handle boats correctly.	Ensure that washing facilities and showers are provided (Boathouse executive)						
Ensure all rowers and coxes have declared swim fitness and have understanding of capsized/man overboard and recovery	Ensure coaches are suitably qualified and have understanding of on landing crews and carrying the boat back to the boathouse or towing it with a launch	Ensure that rowers carry drinking water	Check and ensure that gates are correctly closed at the start of each outing.	Ensure that the boat trailer is maintained in roadworthy condition (Boathouse executive)						
Provide safety launches with qualified drivers	Ensure that there are adverse weather action notices in the boathouse and instructions to rowers, coxes and coaches (e.g. Hot or very cold conditions)	Provide briefings and reminders to members on navigation	Check and ensure that adjustments are correct at the start of each outing.	Maintain First Aid equipment and trained first aiders (Boathouse Executive Committee)						
Ensure that competent first aid support and facilities are available	Ensure that navigation rules and instructions to keep a good look out are on display in the boathouse	Train members each year in Buddy Rescue	Keep a good look out at all times							
Ensure that rowers who have a declared medical condition that could cause them to collapse do not row in a 1x	Ensure that updated navigation instructions and advisories are circulated - e.g. PLA alerts / NTM	Ensure that thermal blankets and throw lines are carried in the launch	Feedback to coach and Captain issues identified during outings, actively participate in post-outing briefings and play leadership role in good safety practice							
Ensure that appropriate information and training is provided to people who tow the boat trailer - in coordination with RSA and BoatHouse Executive	Provide information for rowers on water quality and biological hazards (avoidance and treatment)	Ensure that rowers avoid undue skin contact with the water, cuts and scratches are kept covered	Understand indicators of poor, hazardous and deteriorating conditions and take precautions as necessary							
Ensure that members are trained in how to load and unload boat trailers	Provide briefings and reminders to coaches about slippery surfaces around the club and on riverside Hard.	Provide briefings and reminders to rowers about slippery surfaces at the water's edge.								
In coordination with RSA, maintain list of approved steers and experience levels	Ensure that information on boat handling is displayed in the boathouse	Provide briefings and reminders to rowers before club outings								
	Ensure that members are trained in how to load and unload boat trailers	Coach rowers to handle boats correctly.								
	Provide information to show how gates should be closed correctly.	Provide reminders to rowers and coaches to ensure that gates are correctly closed.								
	Ensure that coaches know how boats should be adjusted	Ensure that the correct adjustments are made at the start of each outing.								
	Ensure that appropriate information and training is provided to people who tow the boat trailer - in coordination with Captain and Boathouse Executive									
	Conduct written steering and navigation tests and maintain list of approved steers and experience levels (in coordination with Club Captain).									
	Provide safety updates and club steering / navigation / safe boatmanship briefings to club members, as refresher and for incoming club members									



	<b>Low</b>	<p>An acceptable level of risk.            No additional barriers/controls are required.            Start or continue the activity but check that the current barriers/controls remain effective.</p>					
	<b>Moderate</b>	<p>An acceptable level of risk that should be reviewed.            Implement additional barriers/controls to reduce the risk if the opportunity arises.            Start or continue the activity with care.</p>					
	<b>Substantial</b>	<p>An unacceptable level of risk.            Improve the barriers/controls and allocate resources to reduce the risk.            Do not start or continue the activity until the risk has been reduced.</p>					
	<b>Intolerable</b>	<p>An unacceptable level of risk.            Improve the barriers/controls and allocate resources to reduce the risk.            Do not start or continue the activity until the risk has been reduced. Prohibit the activity if it is not possible to reduce the risk.</p>					